



Notables
6010 Earle Brown Drive
Minneapolis, MN 55430
www.notables.com

PRODUCT INFORMATION SHEET

Date: November 2, 2009

Manufacturer: Notables Product: Breakfast - A Units per Case: 48

Items (s): Country Choice Organic® - Raisin Oatmeal Bars 2 - 2.2 oz (63g)
Ardmore Farms® - Apple Juice (100% Juice) 4.23 fl oz

Ingredients: RAISIN OATMEAL BAR: ORGANIC WHOLE GRAIN ROLLED OATS, ORGANIC RAISINS, ORGANIC BROWN RICE SYRUP, ORGANIC WHOLE GRAIN OAT FLOUR, ORGANIC CANE SYRUP, VEGETABLE GLYCERINE, ORGANIC OAT SYRUP SOLIDS, ORGANIC MILLED FLAX, ORGANIC BROWN RICE FLOUR, ORGANIC SUNFLOWER OIL, ORGANIC VANILLA EXTRACT, BAKING SODA, SEA SALT, CALCIUM CARBONATE, CARRAGEENAN, SOY LECITHIN, ORGANIC CINNAMON, NATURAL FLAVORS, CITRIC ACID, ORGANIC MALTED BARLEY EXTRACT.

APPLE JUICE: FILTERED WATER, APPLE JUICE CONCENTRATE, CALCIUM LACTATE, ASCORBIC ACID (VITAMIN C), NATURAL FLAVOR, MALIC ACID.

Allergen Information: RAISIN OATMEAL BAR - CONTAINS SOY.

Product Composition:

Raisin Oatmeal Bar Classification**: Group E - Granola Bars (with raisins) (1 serving = 63 gm or 2.2 oz)
Type of Flour/Grain: Whole Grain Rolled Oats and Oat Flour, Brown Rice Flour

Added Sweeteners: Brown Rice Syrup

Apple Juice Classification**: Juice, canned 100% full strength (1 serving = 1/2 cup, 125 mL, or 4 fl oz)

National School Breakfast Requirements:

Each Breakfast will provide:

- Meat Alternate Servings
- 2 Bread Servings
- 1 Fruit Servings

* USDA-FNS "Food Buying Guide for Child Nutrition Programs", Program Aid #1331
**FCS Instruction, 783-1

Nutritional Information (per serving):

	<u>Oat Bar</u>	<u>Juice</u>		<u>Oat Bar</u>	<u>Juice</u>
Basic Components			Vitamins		
Calories (kcal)	233.95	60	Vitamin A - IU (IU)	53.94	0% DV
Calories from Fat (kcal)	31.85	0	Vitamin C (mg)	0.45	100% DV
Protein (g)	5.22	0	Minerals		
Carbohydrates (g)	43.41	15	Calcium (mg)	113.9	10% DV
Dietary Fiber (g)	4.52	0	Iron (mg)	2.51	0% DV
Total Sugars (g)	18.47	15	Sodium (mg)	177.2	5
Fat (g)	3.55	0	Other		
Saturated Fat (g)	0.53	0	Gram Weight (g)	63g	126g
Trans Fatty Acid (g)	0.00	0			
Cholesterol (mg)	0.00	0			

Metal Detection Equipment: _____

For Further Information Contact:

Notables
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Authorized Officer - Manufacturer

Title

Signature