



Notables  
6010 Earle Brown Drive  
Minneapolis, MN 55430  
www.notables.com

**PRODUCT INFORMATION SHEET**

Date: August 7, 2009

Manufacturer: Notables Product: Breakfast - B Units per Case: 48

Items (s): Nature's Path® - Organic Crispy Rice Cereal Bowl 2 oz  
Ardmore Farms® - Tropical Fruit Punch (100% Juice) 4.23 fl oz.  
Spoon

**Ingredients:** CRISPY RICE CEREAL BOWL: ORGANIC BROWN RICE FLOUR, ORGANIC EVAPORATED CANE JUICE, SEA SALT, ORGANIC MOLASSES. TROPICAL FRUIT BLEND FROM CONCENTRATE: FILTERED WATER, APPLE, PEAR, GRAPE, ORANGE AND PINEAPPLE JUICE CONCENTRATE, CALCIUM LACTATE, BANANA PUREE, NATURAL FLAVORS, ASCORBIC ACID (VITAMIN C), CITRIC ACID.

Allergen Information: n/a

**Product Composition:**

Crispy Rice Cereal Classification\*\*: Group I - Cereals, Ready to Eat, Cold, Dry (1 Serving = 3/4 cup or 1 oz),  
 Type of Flour/Grain: Whole Grain Brown Rice Flour (89%) Grams per serving: 50.46 g  
 % Added Sweeteners: Evaporated Cane Juice (6.2%)

Fruit Punch Classification\*\*: Juice, 100% full strength (1 serving = 1/2 cup, 125 mL, or 4 fl oz)

**National School Breakfast Requirements:**

Each Breakfast will provide:  
-- Meat Alternate Servings  
2 Bread Servings  
1 Fruit Servings

\* USDA-FNS "Food Buying Guide for Child Nutrition Programs",  
 Program Aid #1331  
 \*\*FCS Instruction, 783-1

**Nutritional Information** (per serving):

Nutrient	Crispy Rice	Fruit Punch	Nutrient	Crispy Rice	Fruit Punch
<b>Basic Components</b>			<b>Vitamins</b>		
Calories (kcal)	214.91	60	Vitamin A (IU)	0	0% DV
Calories from Fat (kcal)	29.15	0	Vitamin C (mg)	0	100% DV
Protein (g)	4.36	00	<b>Minerals</b>		
Carbohydrates (g)	45.82	15	Calcium (mg)	14.31	10%
Dietary Fiber (g)	1.97	0	Iron (mg)	1.55	0% DV
Total Sugars (g)	4.69	14	Sodium (mg)	300.45	5
Fat (g)	3.24	0	<b>Other</b>		
Saturated Fat (g)	0.70	0	Gram Weight (g)	56.70	126
Trans Fatty Acid (g)	0.00	0			
Cholesterol (mg)	0.00	0			

**For Further Information Contact:**

Notables  
 Sarah Lindberg, Executive Director  
 Phone: (763) 504-5426

\_\_\_\_\_  
 Authorized Officer - Manufacturer

\_\_\_\_\_  
 Title

\_\_\_\_\_  
 Signature