

PRODUCT INFORMATION SHEET

Date: August 7, 2009

Manufacturer: Notables Product: Breakfast - C Units per Case: 48

Items (s):
Nature's Path® - Organic Red Berry Toaster Pastry 1.8 oz (52g)
Dakota Gourmet® - Lightly Salted Sunflower Seeds 1 oz (28g)
Ardmore Farms® - Tropical Fruit Punch (100% Juice) 4.23 fl oz

Ingredients: **TOASTER PASTRY:** ORGANIC WHOLE WHEAT FLOUR, ORGANIC EVAPORATED CANE JUICE, ORGANIC EVAPORATED CANE JUICE INVERT, ORGANIC PALM OIL, ORGANIC APPLES, ORGANIC WHEAT FLOUR, ORGANIC POWDERED SUGAR, ORGANIC CORN STARCH, ORGANIC VITAL WHEAT GLUTEN, ORGANIC DEXTROSE, ORGANIC STRAWBERRIES, ORGANIC STRAWBERRY FLAVOR, ORGANIC RASPBERRIES, ORGANIC RASPBERRY FLAVOR, ORGANIC RICE STARCH, ORGANIC RICE FLOUR, SEA SALT, LEAVENINGS (BAKING SODA, CREAM OF TARTAR), ORGANIC HONEY, ORGANIC MOLASSES, CITRIC ACID, ORGANIC RICE BRAN EXTRACT, COLORED WITH BETALAINS, PAPRIKA EXTRACT (FROM PLANTS), ORGANIC VANILLA FLAVOR, ALGIN, SODIUM CITRATE, MONOCALCIUM PHOSPHATE. **SUNFLOWER SEEDS:** OIL-ROASTED (NON-HYDROGENATED SUNFLOWER OIL), SUNFLOWER KERNELS, SALT. **TROPOCAL FRUIT PUNCH:** FILTERED WATER, APPLE, PEAR, GRAPE, ORANGE AND PINEAPPLE JUICE CONCENTRATE, CALCIUM LACTATE, BANANA PUREE, NATURAL FLAVORS, ASCORBIC ACID (VITAMIN C), CITRIC ACID.

Allergen Information: TOASTER PASTRY CONTAINS WHEAT

Product Composition* **

Toaster Pastry Classification**: Group E - Toaster Pastries (frosted) - 1 serving = 63 gm or 2.2 oz
 Type of Flour/Grain: Whole wheat flour (35.9%) Grams per serving: 18.68 g

Sunflower Seeds Classification**: Meat Alternate - Sunflower Seeds: 1 serving = 1 oz

Fruit Punch Classification**: Juices, 100% juice: 1 serving = 1/2 cup, 125 mL, 4 fl oz

National School Breakfast Requirements:

Each Breakfast will provide:

1 Meat Alternate Servings
1 Bread Servings (based on whole grain weight)
1 Fruit Servings

* USDA-FNS "Food Buying Guide for Child Nutrition Programs", Program Aid #1331
 **FCS Instruction, 783-1

Nutritional Information (per serving):

	<u>Pastry</u>	<u>Seeds</u>	<u>Punch</u>		<u>Pastry</u>	<u>Seeds</u>	<u>Punch</u>
Basic Components				Vitamins			
Calories (kcal)	200	173	60	Vitamin A (IU)	0	6.5	0% DV
Calories from Fat (kcal)	40	145	0	Vitamin C (mg)	0	0	100% DV
Protein (g)	3	6	0	Minerals			
Carbohydrates (g)	37	4	15	Calcium (mg)	2%	105	10% DV
Dietary Fiber (g)	2	2	0	Iron (mg)	8%	2.14	2% DV
Total Sugars (g)	18	1	14	Sodium (mg)	135	176	5
Fat (g)	4.5	16	0	Other			
Saturated Fat (g)	2.5	2	0	Gram Weight (g)	52	28.35	126
Trans Fatty Acid (g)	0.00	0.00	0				
Cholesterol (mg)	0.00	0.00	0				

For Further Information Contact:

Notables
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 Authorized Officer - Manufacturer

 Title

 Signature