

PRODUCT INFORMATION SHEET

Date: November 2, 2009

Manufacturer: Notables Product Breakfast D Units per Case: 48

Product(s): Country Choice Organic® - Apple Cinnamon Oatmeal Bars 2 - 2.2 oz (63g)
Ardmore Farms® - Apple Juice (100% Juice) 4.23 fl oz

Ingredients: **ORGANIC APPLE CINNAMON OATMEAL BAR:** ORGANIC WHOLE GRAIN ROLLED OATS, ORGANIC BROWN RICE SYRUP, ORGANIC RAISINS, ORGANIC WHOLE GRAIN OAT FLOUR, ORGANIC CANE SYRUP, ORGANIC DRIED APPLES, ORGANIC OAT SYRUPS SOLIDS, VEGETABLE GLYCERINE, ORGANIC MILLED FLAX, ORGANIC BROWN RICE FLOUR, ORGANIC SUNFLOWER OIL, ORGANIC VANILLA EXTRACT, NATURAL FLAVORS, ORGANIC CINNAMON, BAKING SODA, CARRAGEENAN, SEA SALT, SOY LECITHIN, CALCIUM CARBONATE, CITRIC ACID, ORGANIC MALTED BARLEY EXTRACT. **APPLE JUICE:** FILTERED WATER, APPLE JUICE CONCENTRATE, CALCIUM LACTATE, ASCORBIC ACID (VITAMIN C), NATURAL FLAVOR, MALIC ACID.

ALLERGEN INFORMATION: **OATMEAL BAR: CONTAINS SOY**

Product Composition * **

Apple Oatmeal Bar Classification**: Group E - Grain Fruit Bar (1 serving = 63g or 2.2 oz)

Type of Flour/Grain: Whole Grain Oats, Oat Flour, Brown Rice Flour Grams per serving: _____

Added Sweeteners: Brown Rice Syrup, Oat Syrup Solids

Apple Juice Classification**: Juices, Canned 100% full strength (1 serving = 1/2 cup or 4 fl oz)

National School Lunch/Breakfast Requirements:

Each Breakfast will provide:

 Meat Alternate Servings
 2 Bread Servings (based on flour/grain weight)
 1 Fruit Servings

* USDA-FNS "Food Buying Guide for Child Nutrition Programs",
Program Aid #1331

**FCS Instruction, 783-1

Nutritional Information (per serving):

	Oat Bar	Juice		Oat Bar	Juice
Basic Components			Vitamins		
Calories (kcal)	236.6	60	Vitamin A - IU (IU)	71.68	0% DV
Calories from Fat (kcal)	31.64	1	Vitamin C (mg)	0.42	100% DV
Protein (g)	5.31	0	Minerals		
Carbohydrates (g)	44.06	15	Calcium (mg)	99.5	10% DV
Dietary Fiber (g)	4.76	0	Iron (mg)	2.66	0% DV
Total Sugars (g)	17.57	15	Sodium (mg)	184.0	5
Fat (g)	3.52	0	Other		
Saturated Fat (g)	0.54	0	Gram Weight (g)	63g	126g
Trans Fatty Acid (g)	0	0			
Cholesterol (mg)	0	0			

For Further Information Contact:

Notables
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Authorized Officer - Manufacturer

Title

Signature